

OCTOBER 2018

CLOVERDALE MIDDLE & ELEMENTARY FRIDAY

MONDAY

1
Popcorn Chicken w/ Roll
-Country Fried Steak w/ Roll
Mashed Potato /Grapy pears & peaches
Apple slices
Baby Carrots

2
Fish sticks w/ Macaroni & Cheese
Beef Tacos w/ Cheese
Steamed Corn pears & peaches
Apple slices Baby Carrots

15
**NO SCHOOL
FALL BREAK**

22
Chicken Strip Basket w/ Country Gravy
Meatball Sub w/ Cheese
Garlic Mashed Potatoes
Canned pears
Apple slices
Baby Carrots

29
Beef Soft Taco Boat w/ Salsa
Corn Dog
Steamed Corn pears & peaches
Apple slices
-Baby Carrots

TUESDAY

2
Lasagna Roll Up w/ Garlic Toast
Pretzel w/ Cheese
Green Beans
Bananas
Frozen thawed blueberries
Grape Tomatoes

9
Fajita Chicken Rice Bowl w/ Queso
Cheeseburger
Refried Beans - Bananas
Frozen thawed blueberries
-Grape Tomatoes

16
**NO SCHOOL
FALL BREAK**

23
Chicken Drumstick w/ Parmesan Buttered Noodles
Beef & Cheese Nachos
-Steamed Corn
-Bananas
Blueberries
Grape Tomatoes

30
Popcorn Chicken w/ Roll
Pulled Pork Sandwich
Baked Beans
Bananas
Frozen thawed blueberries
Grape Tomatoes

WEDNESDAY

3
Beef & Cheese Nachos
-Ham & Cheese Sub
-Baked Beans
-Canned mixed fruit
Mandarin Oranges
-Romaine Lettuce

10
Spagetti w/ Meat Balls w/ Breadstick
Tony's Pizza - French Fries
Mandarin Oranges
Romaine Lettuce

17
**NO SCHOOL
FALL BREAK**

24
Rotini w/ Meat sauce & Garlic Toast or Ham
Calzones Green Beans
Mandarin Oranges
Mixed Fruit Sliced Cucumbers

31
Ling's Orange Chicken w/ Rice
Tony's Pizza
French Fries
Canned mixed fruit
Mandarin Oranges
Romaine Lettuce

THURSDAY

4
Chicken & Noodle w/ Roll
-Bosco Sticks
-Steamed Carrots
-Canned pears & peaches
Cantaloupe
-Sliced Cucumbers

11
Turkey Manhattan
Chicken Nuggets w/ Roll
-Mashed Potatoes
-Canned pears
-fresh fruit
-Sliced Cucumbers

18
**NO SCHOOL
FALL BREAK**

25
Kansas City Chili w/ Cheese or
Chicken Sandwich
Pickle Spears
Romaine Lettuce
Fresh Fruit Canned Pears

DID YOU KNOW...
October comes from the Latin word "octo" which means eight.

5
French Toast Sticks w/Sausage Patty
Pizza Cheese
Crunchers
-Hash Brown Patty
-Canned applesauce
Strawberries
Baby Carrots

12
Mini Cheese Ravioli w/ Mozzarella Sticks & Marinara
Cheese Dog
Green Beans or Baby Carrots
applesauce
Strawberries

19
**NO SCHOOL
FALL BREAK**

26
Boneless Chicken Bites w/ roll
Pizza Cheese
Crunchers
Baked Beans
Baby Carrots
Apple Sauce or Strawberries

A La Carte
Daily: PBJ Meal
Daily: Muffin/String Cheese/Yogurt/Goldfish Meal
Daily: Choice of Milk

School News
MEAL PRICES
LUNCH: \$2.90
REDUCED: .40 CENTS
"EACH MEAL MUST CONTAIN A FRUIT OR VEGETABLE"

"The USDA is equal opportunity providers and employers."